

# 100 WOMEN

## 100 Women 2014 Grant Recipients

100 Women awarded three grants in 2014 that will transform the lives of women close to home and overseas. One grant went to a Perth women's refuge and two to organisations that promote women's health in rural India and Cambodia.

The grant recipients were selected from a shortlisted field after over 50 initial expressions of interest were received from international, national and local organisations.

**Zonta House Refuge Association**, a refuge and community organisation in Perth offering holistic, nurturing education and care to women after enduring a crisis, received \$40,000 to fund *Positive Pathways to Safety for Women and the Community*, a preventative program assisting women to lead more independent, safe and fulfilling lives. Funds will be directed towards training workshops on a range of general life skills, mentoring support and Starting Over Support, a service for women and their families moving into private, public or community housing.

**Opportunity International** also received a grant of \$40,000 to fund *Build Healthy Communities*, a program in rural Indian communities that trains female health leaders in basic health education and empowers

them to be 'change agents' in their communities. 84 health leaders will undertake a six-month training program on basic health education. Following the successful completion of training, each Health Leader undertakes a six-month internship where they educate 200 families on health and hygiene practices to fight common, preventable illnesses prevalent in communities affected by poverty.

A third grant of \$14,400 went to the **Global Development Group** to fund the *Restore Rose* program in two Cambodian provinces. The program's main aim is to address the health and hygiene needs of women in extremely poor villages. Over two years, 4,800 women will be provided with a 'Restore Rose' silicon menstrual cup which provides a safe, clean, re-usable, cost effective and environmental friendly product, which they can use for up to ten years. An accompanying health educational component will include principals such as hygienic use of the Roses, safe food preparation, nutrition, drinking clean water and soap usage

The grants will empower thousands of women by increasing their independence, improving their health and boosting their self-esteem. In turn, this will allow them to become more valuable contributors to their respective communities.



SHELLEY HYMAS FROM THE 100 WOMEN GRANTS COMMITTEE PRESENTS A \$40,000 GRANT TO GLENDA SCOTT FROM ZONTA HOUSE REFUGE ASSOCIATION. NOVEMBER 2014

100 Women is delighted to have awarded our inaugural grants to these transformational programs that also have the potential for long-term impact. Four donations of \$1,000 were awarded to McCauley Community Services for Women; SIMaid 1000 Stoves Project, World Vision Australia and BrainLink – Celebrating Strong Women in acknowledgment of these organisations being finalists in our grant process.

Of the \$102,000 raised by 85 membership donations in 2014, \$98,000 was given to our grant recipients and finalists. The balance of \$4,000 has been rolled over to the 2015 grants fund.